

# The Greenwood School

## Daily Rhythm

Summer 2017

7:30	Breakfast (from student's box) and self-select play	
7:40	Potty and wash hands...as needed	
8:00	Early morning watering, chicken care and outdoor play	
M- 8:30		Table activities (3-5 yr)
		Free Play (18 mos-2 yr)
T-8:00	Free Play and Cooperative Games	
W-8:45	Gymnastics (3 ½ -5)	Free Play
Th- 8:45	Music	After 15-20 minutes, Caitlan leaves with unfocused children.
F	Free Play and Cooperative Games	
9:30	Potty and wash hands. Sit by your water transition.	
9:50	Morning Circle	
10:00	Morning Snack M-White Beans, T-Brown rice, W-Lentils, Th- Millet, Fri-Muffins	
	<i>Discovery Garden Chores M-F</i>	
10:15	M-Story Garden and craft Tu-Dress for water play W-Free Play Thur-Free Play, Ms. Sage Discovery Garden Fri-Dress for water play	
11:00	Potty, wash hands, hydrate, breathe	
11:15	Monday-Story Garden and craft	
	Tuesday-Water Play 10:45	
	Wednesday-Spanish	
	Thursday- Imaginative Play / Discovery Garden	
	Friday-Water Play 10:45	
12:00	Lunch	
12:30	Rest time	
2:30	Potty and wash hands, Hats/sun shirts for aftercare children. Shoes for Go-home children Coloring for everyone (3:00 pick-up time)	

**The Greenwood School**  
**Daily Rhythm Aftercare**  
 Summer 2017

3:00	Afternoon Snack M- Apples T- GF Cereal W-Popcorn Th-Melon F- GF Chips and Morning Muffins
3:15	Outdoor Play (Potty training for Clovers)
3:45	Potty and wash hands, look at books
4:00	Teacher-guided activity:
M	Story and Bingo, Lotto, Matching
T	Story and Balance/Movement
W	Story and Craft
Th	Story and Season's Colors
F	Story and Sculpting
4:50	Potty and wash hands. Sit by your water transition.
5:00	Snack (from student's box or school leftovers)
5:15	Teacher-guided activity (watering outdoors, dress-up, bubbles, Legos, etc)
6:15	Water porch plants and gardens in the front yard.